**Dream Team Information**

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| **Activity**  | **Where it’s at** | **What you need/ need to do** | **When is it** |
| Weigh in / check in | Scale – located in the lobby  | Your team name Know your heightNo socks or shoes | Sunday January 1st: 9:00-11:00 am4:00-5:00 PM |
| Before photo | Up the wooden stairs, down the hall on the left | Short shorts Sports bra for womenPlan on wearing same thing in after photo! | Monday and Tuesday January 2nd and 3rd. 5:30-7:00 am4:00-6:00 PM |
| Team Photo | Same place as before pictures  | If possible, come in with your team and have our photographer take your team picture | Sooner the better: email to BLN supplements with team name as the subject  |
| Payment | CashCheck (BLPF)Credit/debit cardPaypal\*link has been emailed out for credit/debit card | At least one month due by January 6th |  |
| Dream Team success Guide | Order by replying to email I sent  | This must be pre ordered by emailing me  |  |
| \*Seminar  | In the gym  | Way to take notes or record  | Tuesday December 27th and Wednesday December 28th5 PM |
| Cardio sign up  | In the cardio room | Only sign up if you know you will consistently make it to that day/time. This is the sheet for the first ½ of dream team.  | Any time |